



## Social Activities and Excursions



# Social Activities available at WA and in the surrounding areas

The following guide provides information on leisure activities that regularly take place as part of the WA Leisure Programme and also information on activities which students can do independently in their free time.

For information regarding the current WA Leisure Programme, please refer to our website and monthly list located in every classroom and the notice board in the restaurant. For assistance in booking activities independently or for advice on any leisure activity, please speak to reception who will be happy to help you.



# Social Activities organised by WA

We try to organise activities that cover a wide range of interests with some being free and others often at a cheaper cost than if students were to book on their own. The following activities regularly take place as part of the leisure programme but we also have student forums where students can suggest additional things they would like to do.



Movie Nights (free) – Watch exciting films on our giant screen with subtitles to help with your English. (all year round)

Football (free) – Practice your football skills at Branksome Recreational Ground. (April to September)



Beach Volleyball (free) – Play beach volleyball on Bournemouth's award-winning beach. Enjoy beautiful views across the bay. (May to September)

Bowling competitions (£6/£7) – The best score and the worst score are awarded a special certificate. A great activity to make new friends. Takes place at Hollywood Bowl Branksome which is a short walk from the school. (all year round)



Table Tennis (free) – Take part in competitions in the restaurant or play for fun. (all year round)

Discussion evenings (free) – Practice your English with other students by talking about a range of interesting subjects with one of your teachers. (all year round)



MR MULLIGANS.  
EAT DRINK GOLF



Mini golf (£9/£10)- Play indoor golf in one of two locations, each a unique golfing experience, to be enjoyed by all ages.

**Laser Quest (£8.50)** – 2 teams compete against each other with laser guns and electronic jackets. Make sure you don't shoot your own team mates! Enjoy 2 games and a drink in a specially designed indoor arena. Located in the centre of Bournemouth. (all year round)



Board Games Evenings (free) – Come and play some games against your friends after school and get a typically English experience of the popular games British people enjoy! A great way to practice your English and make new friends. (all year round)

Rock Reef Indoor Climbing (£11.00) – Located at the end of Bournemouth Pier, enjoy the challenge of numerous climbing walls designed for all ages. Safety equipment and full training provided. (all year round)



Open-Top Bus tour to Hengistbury Head (£10.00) – Enjoy views from the top of Hengistbury Head over the Isle of Wight, Christchurch, Bournemouth and the start of the Jurassic Coast. The double decker bus will first take you along the cliff tops from WA to Hengistbury Head. Get off the bus for a 1 hour walk which will end up on the beach where you can see some of the most expensive beach huts in the world! Finally, back on the bus to visit Mudeford Quay and enjoy a well-deserved drink.



In addition to these activities, WA also takes full advantage of local theatres, festivals and events which take place throughout the year.



# Excursions

Excursions are organised to the following destinations at various times throughout the year:

London (£40.00) – Visit one of the most famous cities in the world. A guide will walk you around the Westminster sights including Trafalgar Square, Buckingham Palace, Westminster Abbey, Houses of Parliament, Big Ben, Horse Guards Parade, Downing Street and Covent Garden. (all year round)



Oxford (£40.00) – The most famous university city in Britain. See where the students have studied for hundreds of years and visit the famous Christchurch College which is one of several locations where they filmed scenes from the Harry Potter films. (all year round)



Bath (£40.00) – Known for its special 18<sup>th</sup> century Georgian architecture, you must not miss visiting the 2000-year-old Roman Baths in this beautiful town or enjoy a river cruise and explore the area.

Winchester & Salisbury (£40.00) – Visit these 2 historic cities in one day. First to Salisbury with the beautiful cathedral which contains one of the 4 copies of the Magna Carta and buy something in the traditional outdoor market located in the main square. After lunch travel to Winchester which was once the capital of England. Visit King Arthur's round table in the Great Hall, the cathedral, Winchester College and enjoy a walk along the river.



Jurassic Coast (£40.00) – See some of the most spectacular scenery in the UK. The first stop is the historic village of Corfe where students can walk to the top of the castle for views over the surrounding area. Next we go to Swanage and the country park at Durlston. If you are lucky you may see some dolphins! Finally, we visit Durdle Door and Lulworth Cove for a breathtaking walk. Don't forget your camera for some amazing photos.



**If you would like to go on an excursion which is not on the WA programme please ask at reception and we can book you onto a local specialist student tour company. Discover Dorset Tours organise excursions to Bath, Oxford, Jurassic Coast, Salisbury and Stonehenge (Prices from £40-55, [www.discoverdorset.co.uk](http://www.discoverdorset.co.uk)).**



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# **Leisure Activities and Places to Visit in Bournemouth and Poole in your Free Time**





# Bournemouth

## Bournemouth Oceanarium

Open: 10:00 am – 5:00pm

### Ticket Prices

Student (with valid ID card): £12.50

Adult (16 – 59 years old): £14.50

Child (3 – 15 years old): £10.00

(<http://www.oceanarium.co.uk/>)

Oceanarium, Pier Approach,

Bournemouth BH2 5AA

Telephone: 01202 311993



## The Bournemouth International Centre

This venue hosts lots of events including:

- Music concerts
- Comedy shows
- Theatre shows
- Dance events
- Activities (Ice Skating, Roller Disco – season dependent)



Ticket prices vary so look at their website for updated information:

(<http://www.bic.co.uk/whats-on/>)

Address: Exeter Rd, Bournemouth BH2 5BH. Telephone: 01202 451800

# The Pavilion and Pavilion Dance

This venues hosts lots of events including:

- Music Concerts
- Comedy Shows
- Theatre Shows
- Vintage Fairs
- Dance events
- Charity events



Prices vary so look at the websites for updated information:

(<http://www.bournemouthpavilion.co.uk/> and <http://www.pdsw.org.uk/>)

Address: Westover Rd, Bournemouth BH1 2BU. Telephone: 01202 055660

## BH2

A leisure complex in Bournemouth Town Centre with a 10-screen ODEON cinema & 13 restaurants. See <http://www.bh2leisure.co.uk/> for more information and discounts!



## Russell Cotes Museum

Open: Tues- Sun: 10:00am – 5:00pm

Entry Prices:

Student (with valid ID): £4

Adult : £7.50

A beautiful Victorian house with a private art collection and museum.

Visit the website for more information:

<http://russellcotes.com/>



Address: Russell Cotes Rd, Bournemouth BH1 3AA. Telephone: 01202 451858

# Rock Reef – Bournemouth Pier

## Entry Prices for Rock Reef Clip and Climb

Off Peak (weekdays): £12 per person

Peak (weekends, bank holidays): £16 per person

## Zip line Prices

Summer (Apr – Sept): £20 per person

Winter (October – Mar): £15 per person

Book online at: <http://www.rockreef.co.uk/>  
or visit them on Bournemouth Pier

Opening times change; check the website  
for more details.



# Boscombe Pier



The Coastal Activity Park at Boscombe offers a range of water and beach based activities suitable for all ages.

<https://www.bournemouth.gov.uk/AttractionsLeisure/SportsandActivities/CoastalActivityPark.aspx>

# Winton & Charminster

Charminster and Winton are the student areas of Bournemouth, with many of the university students living in shared houses. Charminster has a wide range of restaurants from around the world including Indian, Turkish, Korean, Italian, Spanish, Japanese, and Arabic. Winton has many shops, bars and restaurants on the main high street.

## Recommended restaurants:

Nippon Inn, 124 Charminster Rd. Japanese izakaya pub/restaurant.

Moose Kitchen, 188 Charminster Road.  
British pub food.

Baraca, 129 Charminster Rd. Mediterranean dishes and Turkish meze.

Ali Baba, 62 Charminster Road, Bournemouth BH8 8UR. Turkish fast food.

Wonderful Kitchen, 261 Charminster Rd. Chinese restaurant/karaoke rooms.

Bellaggio, 297-299 Wimborne Rd. Classic Italian dishes and pizza.

Conto Lounge, 418 Wimborne Rd. Meals, tapas, cocktails and quiz nights!





# Boscombe/Southbourne

Boscombe is home to the Bournemouth O2 Music venue which regularly hosts popular music concerts and club events. Ticket prices vary depending on the event. Look on their website for what's on:

<https://www.academymusicgroup.com/o2academybournemouth/>

In Boscombe and Southbourne there are various vintage and second hand / charity shops, like *Clobber* and *The Attic*, and a range of places to eat and drink including:



## Recommended restaurants:

Boscanova, 650 Christchurch Rd. Coffee lovers' venue with a Bohemian vibe.

Chaplins/Cellar Bar. 529 Christchurch Road. Pub/restaurant with live bands most nights and a lovely beer garden. Over 18s only.



Brewhouse and Kitchen. 147 Parkwood Rd. Microbrewery, pub/restaurant with live music. Over 18s only.

The Larderhouse. 4 Southbourne Grove. Restaurant serving excellent artisan foods, cheeses and wines.





# Westbourne

The smallest cinema in the UK!

The 'Bournemouth Colosseum' is a 19-seat cinema in the basement of the Lavish Life shop in Westbourne Arcade, Bournemouth.

Check in the cinema or online for the films being shown.

<http://www.bournemouthcolosseum.co.uk/>

Address: 14 Westbourne Arcade, BH4 9AY, Telephone: 01202 769092



Westbourne is full of bars, restaurants and cafes. Here are just a few recommended places to eat:

- Circo Lounge – Meals, tapas, cocktails and quiz nights!
- The Dancing Duck – British pub/bar.
- Le Petit Prince – French bakery and restaurant.
- Chez Fred – A classic British fish and chip shop!
- Renoufs – A cheese and wine bar.
- Baffi – Italian pizzeria.
- Indies – Indian restaurant.
- Camden – British bar and restaurant.
- Café Rouge – French bistro restaurant.



# Bars and Night Clubs

These are just a few of the many bars and clubs in Bournemouth. Have a look on their websites for specific opening times, events and locations.

**(Please note you must be 18 or over to enter these venues)**

Eden – Cocktail bar and night club, holds many international student nights. Cameo – Bournemouth's biggest night club, holds many student nights.

Chaplin's/Cellar Bar – Bar and restaurant in Boscombe. Live music & a great atmosphere.

Cosy Club – Restaurant and bar/cocktail bar in central Bournemouth.

60 Million Postcards – Restaurant, bar and live music venue in central Bournemouth.

Walkabout – Australian-themed bar and nightclub, located on the main club strip, holds karaoke evening every Wednesday at 10pm, and has many club nights.

The Old Fire Station – holds many club nights and music events.

Aruba – Restaurant and bar on Bournemouth Pier, holding many club nights.

Camel – Shisha bar open until late.

Bar So – Holds many club nights, including salsa nights every Wednesday, open until late.

Halo – A converted church in Bournemouth Square, holding many club nights.

(In the summer there is an under 18s international disco; please see reception for more information)



# Sports around Bournemouth

There are many opportunities to watch, take part and practise your favourite sports in and around Bournemouth. Below is a list of the most popular sports. Please speak to reception in the school for more detailed information.

## Football

**Bournemouth AFC** – Premiership football: <http://www.afcb.co.uk/>



## Rugby (winter only)

**Bournemouth Rugby Club**: <http://www.bournemouth-rugby.co.uk/>

**Oakmedians** (local team playing in Meyrick Park)

<http://www.oakmeadians-rfc.com/>



## Tennis

**Branksome Park Tennis** BH13 6BZ (book online at [www.branksomeparktennis.com](http://www.branksomeparktennis.com) for free Sunday tennis coaching!)

**Bournemouth Gardens**, Central Gardens, BH2 6EY. £8 per court/hour. <http://www.bournemouthgardenstc.co.uk/court-hire/>



## Swimming

SWIM IN THE **SEA** IF YOU ARE BRAVE!

Or visit these swimming pools:

**Everyone Active**, Herbert Avenue, Parkstone, Poole. BH12 4HR

**Everyone Active**, Kingland Road, Poole. BH15 1TN

<https://www.everyoneactive.com/>



## Water Park

**Splashdown** Poole, Tower Park, Poole, Dorset, BH12 4NY. Discounts for groups over 10.

<https://www.splashdownwaterparks.co.uk/>

Surfing/Paddle Boarding /Wind surfing

**Bournemouth Surf Academy**, 07816 827438, for surf/paddle boarding lessons. Discounts for groups. [www.yellowstonesbeachhouse.co.uk/](http://www.yellowstonesbeachhouse.co.uk/)

**Rockley Watersports**. Various water sports.

<http://www.rockley.org/watersports>

**Poole Harbour Watersports**. Various water sports. <https://www.pooleharbour.co.uk/>



## Golf

Bournemouth has 3 public golf courses:

**The Club at Meyrick Park**, Central Dr, Bournemouth.

<http://www.theclubatmeyrickpark.com/>

**Queens Park Golf Club**, Queens Park West Drive, Bournemouth

<http://www.queensparkgolfclub.co.uk/website/>

There is also a driving range:

**Playgolf Bournemouth**, Riverside Ave, Christchurch, Bournemouth.

<http://playgolfbournemouth.com/>



## Gym

For a one-month gym membership for £15.99, visit “The Gym.”

First Floor 29-36 Westover Road, Bournemouth.

<https://www.thegymgroup.com/find-a-gym/bournemouth/>



## Martial Arts/Muy Thai/Brazilian JiuJitsu

**Ippon Martial Arts** and Fitness academy, Unit 1-2,

4 Terrace Road,

Bournemouth. Tel: 01202 280108.

<http://www.ipponfitness.com>



## Cycling

You can rent a bike on Bournemouth Sea front for the day and cycle along the beach front or explore the local towns. Try these companies:

<http://www.frontbikerehire.co.uk/>

<http://www.beachcyclehirebournemouth.com>



The sports facilities at Bournemouth University are also available for use by Westbourne Academy students. Please talk to reception for more information.



# Weekly Local Events to Improve your English and Cultural Understanding!

There are lots of local events every week perfect for international students learning English. Take advantage of them to make friends and practice your English and learn more about the British culture.

Note: Please check websites, activities are subject to change. And remember, under 18s cannot attend activities in pubs or discos

## **Mondays:**

-Bournemouth Courts of Justice, Deansleigh Rd, BH7 7DS. Watch new trials taking place. Email [enquiries@bournemouth.crowncourt.gsi.gov.uk](mailto:enquiries@bournemouth.crowncourt.gsi.gov.uk) for more information.

-**Christ Church**, Alumhurst Road, Westbourne. **International Connection** 4:30-6:30. Free café for international students.

<https://www.christchurchwestbourne.com/midweek/internationals/>

-**Christchurch Market**,  
High Street: 9am-4pm. Free.



## **Wednesdays:**

**The Slug and Lettuce**, 2 Dean Park Cres: English conversation club, be there by 7pm, Over 18s only.

## **Thursdays:**

-Meet at Bournemouth Pier Approach: **Guided walking tour** of Bournemouth, 11am, £4 per person. Pre-booking necessary on Thursdays.

<http://www.bournemouthguidedwalkingtours.co.uk/>

### Fridays:

-Cottonwood Boutique Hotel, 81 Grove Rd: **Jazz Night**. 8pm-10pm. Free.  
(March until September 28<sup>th</sup>) <http://thecottonwoodboutique.co.uk/friday-jazz-nights-at-the-cottonwood-boutique-hotel/>

### Saturdays:

-Poole Park (near cricket pavilion) and Kings Park Athletic Stadium, Boscombe: 5k Park Run, 9am, free. <http://www.parkrun.org.uk/>

-**Poole Market**, Falkland Square: 9am-5pm. Free.  
<http://www.pooletourism.com/todo/todo/ref:T4940FC51C23CE/>

-**Boscombe Market**, Boscombe Precinct. 8:30am-5pm. Free.  
<http://boscombemarket.co.uk/>

For more local activities and events, check out  
<http://bournemouth.co.uk/whats-on>

## POOLE

### Brownsea Island

Located in Poole harbour, the island is easily accessible by boat from Poole Quay. The home of the scout movement is worth a visit from April to September when the weather is good.



It is a nature reserve for the endangered red squirrel, and peacocks to stroll around without a care in the world!



<http://www.browseislandferries.com/> (Seasonal)

## The Lighthouse – Theatre

This venue holds many events including:

- Theatre shows (ballet, pantomime etc)
- Comedy acts
- Music events (Classical and modern)
- Dance events

Visit their website for more information:

<https://www.lighthousepoole.co.uk/>

Or visit their box office at the theatre:

21 Kingland Road, Poole, Dorset, BH15 1UG



## Compton Acres Gardens

Ten acres of beautiful gardens overlooking Poole Harbour. Highlights include the Japanese and Italian gardens.



164 Canford Cliffs Road, Poole, BH13 7ES

<http://www.comptonacres.co.uk/>



## Tower Park

Tower Park has many restaurants such as Nandos, Pizza Express and many more! Attractions including a cinema complex, bowling alley, indoor waterpark, amusements and bingo.

Tower Park Leisure Complex, Yarrow Road, Poole, BH12 4NY

<https://towerparkentertainment.co.uk/>



**Enjoy your stay in England!**