

Social Activities and Excursions





Social Activities available at WA and in the surrounding areas

The following guide provides information on leisure activities that regularly take place as part of the WA Leisure Programme and also information on activities which students can do independently in their free time.

For information regarding the current WA Leisure Programme, please refer to our website and monthly list located in every classroom and the notice board in the restaurant. For assistance in booking activities independently or for advice on any leisure activity, please speak to reception who will be happy to help you.



Social Activities organised by WA

We try to organise activities that cover a wide range of interests with some being free and others often at a cheaper cost than if students were to book on their own. The following activities regularly take place as part of the leisure programme but we also have student forums where students can suggest additional things they would like to do.



Beach Volleyball (free)

Play beach volleyball on Bournemouth's award-winning beach. Enjoy beautiful views across the bay. (May to September)



Football (free)

Practice your football skills at Branksome Recreational Ground. (April to September)



Bowling competitions (£7.50)

The best score and the worst score are awarded a special certificate. A great activity to make new friends. Takes place at Hollywood Bowl Branksome which is a short walk from the school. (all year round)



Conversation Club (free)

Practice your English with other students by talking about a range of interesting subjects with one of your teachers. (all year round)



Mini Golf (£12.00)

Play indoor golf in one of two locations, each a unique golfing experience, to be enjoyed by all ages. Both locations are open all week with discounts available when booking through WA.



Table Tennis (free)

Take part in competitions in the canteen or play for fun. (all year round)



Laser Quest (£12.00)

2 teams compete against each other with laser guns and electronic jackets. Make sure you don't shoot your own teammates! Enjoy 2 games and a drink in a specially designed indoor arena. Located in the centre of Bournemouth. (all year round)

Rock Reef Indoor Climbing (from £18.50)

Located at the end of Bournemouth Pier, enjoy the challenge of numerous climbing walls designed for all ages. Safety equipment and full training provided. (all year round)



Movie Nights (free)

Watch exciting films on our giant screen with subtitles to help with your English. (all year round)



Open-Top Bus tour to Hengistbury Head (£15)

Enjoy views from the top of Hengistbury Head over the Isle of Wight, Christchurch, Bournemouth and the start of the Jurassic Coast. The double decker bus will first take you along the cliff tops from WA to Hengistbury Head. Get off the bus for a 1 hour walk which will end up on the beach where you can see some of the most expensive beach huts in the world! Finally, back on the bus to visit Mudeford Quay and enjoy a well-deserved drink.



In addition to these activities, WA also takes full advantage of local theatres, festivals and events which take place throughout the year.

Excursions arranged by WA

Excursions are organised to the following destinations at various times throughout the year:



London (£40.00)

Visit one of the most famous cities in the world. A guide will walk you around the Westminster sights including Trafalgar Square, Buckingham Palace, Westminster Abbey, Houses of Parliament, Big Ben, Horse Guards Parade, Downing Street and Covent Garden. (all year round)



Oxford (£40.00)

The most famous university city in Britain. See where the students have studied for hundreds of years and visit the famous Christchurch College which is one of several locations where they filmed scenes from the Harry Potter films. (all year round)



Bath (£40.00)

Known for its special 18th century Georgian architecture, you must not miss visiting the 2000-year-old Roman Baths in this beautiful town or enjoy a river cruise and explore the area.

Jurassic Coast (£40.00)

See some of the most spectacular scenery in the UK. The first stop is the historic village of Corfe where students can walk to the top of the castle for views over the surrounding area. Next, we go to Swanage and the country park at Durlston. If you are lucky, you may see some dolphins! Finally, we visit Durdle Door and Lulworth Cove for a breathtaking walk. Don't forget your camera for some amazing photos.





If you would like to go on an excursion which is not on the WA programme, please ask at reception and we can book you onto a local specialist student tour company.

Discover Dorset Tours organise excursions to Jurassic Coast (Prices from £50).

www.discoverdorset.co.uk





Visit local towns / cities by yourself

Swanage (£35.00)

Travel to Swanage on a City Experience boat cruise. Start your day on charming Poole Quay before boarding a cruise to the Victorian resort of Swanage, passing Brownsea Island, the beaches of Studland Bay and the opening cliffs of the Jurassic coast. Swanage was transformed during the Victorian era into a seaside resort and down has now settled into atmospheric town with a long beach. interesting shops, fresh air and delicious food. On this trip you can enjoy two and a half or five hours ashore before returning once more to either Poole or Swanage, seeing for another time, spectacular rock formations and open blue seas.







Salisbury (£6.00)

Visit the historic town of Salisbury by travelling on the MORE BUS X3 service. A day ABC ticket will cost £10.50. Salisbury has the beautiful cathedral which contains one of the 4 copies of the Magna Carta and you can buy something in the traditional outdoor market located in the main square.



Winchester (from £20.00)

Visit the historic town of Winchester with **Southwestern Railway**. Winchester was once the capital of England. Visit King Arthur's round table in the Great Hall, the cathedral, Winchester College and enjoy a walk along the river.

Leisure Activities and Places to Visit in Bournemouth and Poole in your Free Time



Bournemouth





Oceanarium Bournemouth

Open: 10:00 am - 5:00pm

Ticket Prices Online

Student (with valid ID card): £14.99 Adult (16 – 59 years old): £16.99 Child (3 – 15 years old): £11.99

www.oceanarium.co.uk
Oceanarium, Pier Approach,
Bournemouth BH2 5AA
Telephone: 01202 311993



The Bournemouth International Centre

This venue hosts lots of events including:

- Music concerts
- · Comedy shows
- Theatre shows
- Dance events
- Activities (Ice Skating, Roller Disco season dependent)

Ticket prices vary so look at their website for updated information.

www.bic.co.uk
Exeter Rd,
Bournemouth BH2 5BH
Telephone: 01202 451800





BH2

A leisure complex in Bournemouth Town Centre with a 10-screen ODEON cinema & 13 restaurants.

See <u>www.bh2leisure.co.uk</u> for more information and discounts!







Smugglers Cove

Play golf outside, Bournemouth provides the perfect backdrop for a smuggler. So, come and embark on a journey and be taken back in time to live the life of a smuggler. With 18 holes of action-packed adventure, experience Bournemouth's past as you smuggle your ball past treacherous rocks, church ruins and waterfalls.

From 1st June – 7th July open daily from 10am. Last entry is 5pm from Sunday to Thursday and 5:30pm on Fridays and Saturdays.

From 8th – 19th July open daily from 10am. Last entry is 5pm from Sunday to Thursday and 6pm on Fridays and Saturdays.

From 20th July – 1st September open daily from 10am. Last entry at 6pm.

Prices:

Adults: £9.60

Children (under16): £6.60

Adult group (up to 4 adults): £36.00

The Pavilion and Pavilion Dance

This venue hosts lots of events including:

- Music Concerts
- Comedy Shows
- Theatre Shows
- Vintage Fairs
- Dance events

Charity events Prices vary so look at the websites for updated information.

www.bournemouthpavilion.co.uk www.pdsw.org.uk Westover Rd Bournemouth BH1 2BU Telephone: 01202 055660







Russell Cotes Museum

Open: Tues- Sun: 10:00am – 5:00pm

Entry Prices:

Student (with valid ID): £5

Adult: £9.50

A beautiful Victorian house with a private art collection and museum.
Visit the website for more information.

www.russellcotes.com Russell Cotes Rd, BH1 3AA Telephone: 01202 451858







Rock Reef Bournemouth Pier

Entry Prices for Rock Reef Clip and Climb from £18.50 per person

Zip line Prices

Summer (Apr – Sept): £25 per person Winter (October – Mar): £20 per person

Book online at:

http://www.rockreef.co.uk/ or visit them
on Bournemouth Pier





Boscombe Pier

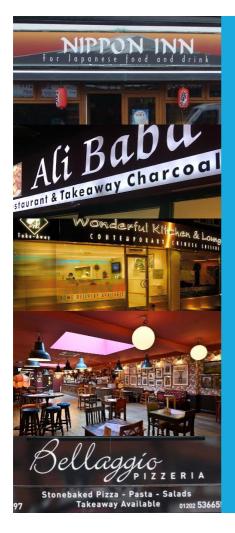
The Coastal Activity Park at Boscombe offers a range of water and beach-based activities suitable for all ages.





Winton & Charminster

Charminster and Winton are the student areas of Bournemouth, with many of the university students living in shared houses. Charminster has a wide range of restaurants from around the world including Indian, Turkish, Korean, Italian, Spanish, Japanese, and Arabic. Winton has many shops, bars and restaurants on the main high street.



Recommended restaurants

Nippon Inn

124 Charminster Rd Japanese *izakaya pub/restaurant*

Moose Kitchen

188 Charminster Road British pub food

Ali Baba

62 Charminster Road Turkish fast food

Wonderful Kitchen

261 Charminster Rd Chinese restaurant/karaoke rooms

Bellaggio

297-299 Wimborne Rd Classic Italian dishes and pizza

Conto Lounge

418 Wimborne Rd

Meals, tapas, cocktails and quiz nights!

Boscombe & Southbourne

Boscombe is home to the Bournemouth O2 Music venue which regularly hosts popular music concerts and club events. Ticket prices vary depending on the event. Look on their <u>website</u> for what's on. In Boscombe and Southbourne there are various vintage and second hand / charity shops, like *Clobber* and *The Attic*, and a range of places to eat and drink.

Recommended restaurants

Boscanova

650 Christchurch Rd Coffee lovers' venue with a Bohemian vibe.

Chaplins / Cellar Bar

529 Christchurch Road
Pub/restaurant with live bands most
nights and a lovely beer garden. Over 18s
only.

Brewhouse & Kitchen

147 Parkwood Rd

Microbrewery, pub/restaurant with live
music. Over 18s only

The Larder house

4 Southbourne Grove Restaurant serving excellent artisan foods, cheeses and wines.



Westbourne

The smallest cinema in the UK! The 'Bournemouth Colosseum' is a 19-seat cinema in the basement of the Lavish Life shop in Westbourne Arcade, Bournemouth. Check in the cinema or <u>online</u> for the films being shown.



Recommended restaurants

Circo Lounge

Meals, tapas, cocktails and quiz nights!

The Dancing Duck

British pub/bar

Le Petit Prince

French bakery and restaurant

Chez Fred

A classic British fish and chip shop!

Westbourne is full of bars, restaurants and cafes.



Renoufs

A cheese and wine bar

Café Rouge

French bistro restaurant

Camden

British bar and restaurant

Indi's

Indian restaurant



Bars and Night Clubs

These are just a few of the many bars and clubs in Bournemouth. Have a look on their websites for specific opening times, events and locations.

Please note you must be 18 or over to enter these venues.



Cameo

Bournemouth's biggest night club. Holds many student nights.

Chaplin's/Cellar Bar

Bar and restaurant in Boscombe. Live music & a great atmosphere.

60 Million Postcards

Restaurant, bar and live music venue in central Bournemouth.

Cosy Club

Restaurant and bar/cocktail bar in central Bournemouth.

Camel

Shisha bar open until late.

Aruba

Restaurant and bar on Bournemouth Pier, holding many club nights.

Bar So

Holds many club nights, including salsa nights every Wednesday, open until late.

(In the summer there is an under 18s international disco; please see reception for more information)



Sports around Bournemouth

There are many opportunities to watch, take part and practise your favourite sports in and around Bournemouth. Below is a list of the most popular sports. Please speak to reception in the school for more detailed information.

Football

Bournemouth AFCPremiership football:
www.afcb.co.uk



Rugby (winter only)

Bournemouth Rugby Club www.bournemouth-rugby.co.uk

Oakmedians(local team playing in Meyrick Park)
www.oakmeadians-rfc.com











Tennis

Branksome Park Tennis

Book online at <u>www.branksome</u> <u>parktennis.com</u> for free Sunday tennis coaching!

Bournemouth Gardens, Central Gardens, BH2 6EY £8 per court/hour www.bournemouthgardenstc.co.uk/c ourt-hire





Golf

Bournemouth has 3 public golf courses:

The Club at Meyrick Park, Central Dr, Bournemouth. www.theclubatmeyrickpark.com

Christchurch Golf Club
Bournemouth, Riverside Ave,
Christchurch, Bournemouth.
http://playgolfbournemouth.com/

Queens Park Golf Club, Queens Park West Drive, Bournemouth www.queensparkgolfclub.co.uk







Swimming

Swim in the **sea** if you are brave! Or visit these swimming pools and water sports venues:

Everyone Active, Herbert Avenue, Parkstone, Poole. BH12 4HR Everyone Active, Kingland Road, Poole. BH15 1TN www.everyoneactive.com Water Park

Splashdown Poole, Tower Park, Poole, Dorset, BH12 4NY. Discounts for groups over 10. www.splashdownwaterparks.co.uk



07816 827438, for surf/paddle boarding lessons. Discounts for groups.

Surfing/Paddle Boarding /Wind surfing

Rockley Watersports. Various water sports. www.rockley.org/watersports

Poole Harbour Watersports. Various water sports.

www.pooleharbour.co.uk









Gym

For a one-month gym membership for £15.99, visit "**The Gym.**"
First Floor 29-36 Westover Road,
Bournemouth
www.thegymgroup.com/find-agym/bournemouth-gyms/bournemouth



Martial Arts/Muy Thai/Brazilian Jiujitsu

Ippon Martial Arts and Fitness academy, Unit 1-2, 4 Terrace Road, Bournemouth. Tel: 01202 280108. www.ipponfitness.com



Cycling

Beryl Bikes are now operating across Bournemouth, Christchurch and Poole. You can download the app here: www.beryl.cc/bikeshare/riders





Weekly Local Events to Improve your English and Cultural Understanding!

There are lots of local events every week perfect for international students learning English. Take advantage of them to make friends and practice your English and learn more about the British culture.

Note: Please check websites, activities are subject to change.

And remember, under 18s cannot attend activities in pubs or discos

Mondays

Bournemouth Courts of Justice

Deansleigh Rd, BH7 7DS
Watch new trials taking place.
For more information email:
enquiries@bournemouth.crowncour
t.gsi.gov.uk

English conversation club

The Slug and Lettuce, 2 Dean Park Cres. Be there by 7pm, Over 18s only.

Quiz Night. Circo Lounge, Westbourne. 8pm, £2 per person. Higher Intermediate level of English necessary. Over 18s only. www.thelounges.co.uk/lounges/circ o-lounge

International Connection

Christ Church, Alumhurst Road, Westbourne. 4:30-6:30. Free café for international students. http://www.friendsinternationaldors et.org.uk/events

Christchurch Market

High Street: 9am-4pm. Free. www.visit-dorset.com/things-to-do/shopping/christchurch-market-p1386963

Tuesdays

Guided walking tour of

Bournemouth. Meet at Bournemouth Pier Approach, 11am, £5 per person. Until the end of October.

www.bournemouthwalkingtours.wor dpress.com

Quiz Night. Flirt Café, 21 The Triangle. 8:00pm start, £2 entry. www.flirtwithus.co.uk

Wednesdays

Boscombe Market, Boscombe Precinct. 8:30am-5pm. Free. www.boscombemarket.co.uk

Thursdays

Guided walking tour of Bournemouth. Meet at Bournemouth Pier Approach. 11am, £4 per person. Pre-booking necessary on Thursdays. www.bournemouthguidedwalkingtou rs.co.uk

Free English class and conversation practice

At The Bond School of English, 7pm-9pm, 3rd floor; 119 Old Christchurch Rd. BH1 1EP

Poole Market, Falkland Square, 9am-5pm. Free. www.pooletourism.com/todo/todo/ref:T4940FC51C23CE

Boscombe Market, Boscombe Precinct. 8:30am-5pm. Free. www.boscombemarket.co.uk

Fridays

Cottonwood Boutique Hotel, 81 Grove Rd: **Jazz Night**. 8pm-10pm. Free. (March until September 28th)

www.thecottonwoodboutique.co.uk/ friday-jazz-nights-at-thecottonwood-boutique-hotel

Saturdays

5k Park Run, Poole Park (near cricket pavilion) and Kings Park Athletic Stadium, Boscombe, 9am, free.
www.parkrun.org.uk

Poole Market, Falkland Square: 9am-5pm. Free. www.pooletourism.com/todo/todo/ref:T4940FC51C23CE

Boscombe Market, Boscombe Precinct. 8:30am-5pm. Free. boscombemarket.co.uk

Sundays

For more local activities and events, check out www.bournemouth.co.uk/whats-on

Poole

Brownsea Island

Located in Poole harbour, the island is easily accessible by boat from Poole Quay. The home of the scout movement is worth a visit from April to September when the weather is good.

It is a nature reserve for the endangered red squirrel, and peacocks to stroll around without a care in the world!

www.brownseaislandferries.com





Compton Acres Gardens

Ten acres of beautiful gardens overlooking Poole Harbour. Highlights include the Japanese and Italian gardens.

164 Canford Cliffs Road, Poole, BH13 7ES

http://www.comptonacres.co.uk/





Lighthouse Theatre

This venue holds many events including:

- Theatre shows (ballet, pantomime etc)
- Comedy acts
- Music events (Classical and modern)
- Dance events

Visit their website for more information: www.lighthousepoole.co.uk





Tower Park

Tower Park has many restaurants such as Nandos, Pizza Express and many more! Attractions including a cinema complex, bowling alley, indoor waterpark, amusements and bingo.

Tower Park Leisure Complex, Yarrow Road, Poole, BH12 4NY

www.towerparkentertainment.co.uk

Or visit their box office at the theatre: 21 Kingland Road, Poole, Dorset, BH15 1UG





Enjoy your stay in England!